

Swim Wales National Championships 2025 - 24/04/2025 to 27/04/2025

Results - Session 6 (Warmup 3.00 - 4.00)

Event 223 Girls 12-13 400 LC Meter Freestyle

Name		Age Team		Finals Time	
Finals					
1	Sherrard, Alex	13	Torfaen D	4:45.55	
	31.15	35.22	36.82	37.13	
	37.01	37.44	36.35	34.43	
2	Donaldson, Evie	13	Co Newport	4:49.37	
	32.94	36.83	38.12	37.39	
	36.44	37.40	35.81	34.44	
3	Klak, Nina	13	Co Newport	4:49.77	
	32.53	37.19	36.90	36.83	
	36.69	37.30	36.02	36.31	
4	Berner, Iyla	12	Nofio S Gar	4:55.23	
	32.61	36.16	37.71	37.79	
	38.11	38.49	37.76	36.60	
5	Davies, Macy	13	Torfaen D	4:59.46	
	33.23	36.63	38.32	38.14	
	38.92	38.70	38.74	36.78	
6	Gray-Thomas, Jessica	12	Conwy	5:08.73	
	33.51	37.34	39.40	40.01	
	39.27	40.06	40.53	38.61	
7	Thomas, Carys	13	Northampton	5:09.12	
	34.24	37.55	39.40	40.36	
	40.22	40.21	39.20	37.94	
8	Chauhan, Amber	13	Nofio Bangor	5:09.23	
	34.51	38.64	39.84	40.08	
	39.64	40.10	39.45	36.97	